



*Dermatology &
Plastic Surgery*
SPECIALISTS



MENU OF SERVICES

ENHANCE YOUR NATURAL BEAUTY.

We use advanced medical technology, techniques, and products for your most beautiful skin at every age. Restore your natural peace and beauty with one of our rejuvenating and regenerating treatments, from custom facials and chemical peels to body contouring, cosmetic injectables, laser skin resurfacing, products, and cosmetic procedures. Discover face and body treatments that will restore a healthy youthful glow.

RELAX.

REJUVENATE.

RESTORE.



COMBINATION TREATMENTS

Our cosmetic medical professionals will tailor the chosen treatment to your unique needs.

FACIAL REJUVENATION

Improve your skin's elasticity while adding volume and increasing collagen to give you an overall more youthful appearance. This will create a lift while improving fine lines and enhancing your natural beauty.

FACE AND NECK RESTORATION

Improve your skin's tone, texture, and laxity while reducing the appearance of face wrinkles and neck folds with a combination of non-invasive treatments. Now is the time to give the contour of your face and neck a more youthful look.

NECK AND DÉCOLLETÉ ANTI-AGING

Improve skin quality and texture by using a combination of non-surgical, FDA-approved treatments. This will allow for lifting and tightening of the neck and décolleté area, restoring your skin's youthful appearance.

TURN BACK THE HANDS OF TIME

Improve the look of your hands by removing brown spots and crepey skin on the back of your hands. Give your hands the gift they deserve. Gives your hands the look they deserve.

'ABS'OLUTELY GORGEOUS

Improve core strength and eliminate stubborn diet and exercise resistant fat. Ultimate skin tightening to improve crepey skin, stretch marks, and cellulite. Feel 'abs'olutely amazing in your skin again!

BEAUTIFUL BUM

Improve cellulite while firming and lifting with our newest and improved FDA technologies. Enhance your derrière with this non-surgical combination treatment.

LEG FIRMING

Improve your collagen and elasticity while achieving ultimate skin tightening. This treatment will improve the overall contour of the upper legs and thighs getting you into your favorite dress again.

Let us help you achieve a more youthful appearance while enhancing your natural beauty!

MAKE AN APPOINTMENT TODAY!

COSMETIC INJECTABLES

JUVEDERM® COLLECTION

The Juvederm® family of fillers are made of hyaluronic acid (HA), a naturally occurring sugar found in the connective tissue, skin, and the joints. HA carries nutrients to the skin, helps the skin retain moisture and softness, and adds volume. The Juvederm family consists of Volbella, Juvederm Ultra Plus, Vollure, and Voluma.

Juvederm fillers are safe and effective for all skin types. They are great for patients with deep wrinkles and folds, for lip augmentation, and to volumize and contour areas where fat has been lost due to aging or skin depression. The areas treated will be smoother and fuller than before, with added volume, and definition. Results are immediate and will continue to improve as new collagen is formed.

Hyaluronic acid fillers such as Juvederm have a dual action. They absorb water to support structures under the skin to renew a youthful appearance. Additionally, research has shown that HA fillers support the body's ability to produce new collagen, which aids in reducing deep lines and creases from the inside out and for an extended time period. New collagen forms even after the filler begins to breakdown, thus providing a more lasting rejuvenation. Through the years we lose volume to our face that can show signs of aging. Modified HA is the main ingredient behind Juvederm. Getting treated with Juvederm helps add volume to different areas of the face without surgery, while temporarily restoring the volume loss beneath the surface.

VOLBELLA® is the thinnest dermal filler in this line of products with a smooth consistency that is excellent to help with hydration for skin elasticity and improve crepey skin. It is selected to treat fine lines and wrinkles around the mouth, under the eyes in the tear troughs, and for subtle lip augmentation. It will smooth away smile lines and wrinkles, restore contours and volume, and lasts up to a year.

JUVEDERM® ULTRA PLUS is thicker, holds its shape better, offers more volume, and is best to erase deeper folds and wrinkles. It is also used to treat moderate to severe nasolabial folds (folds from the corner of the nose to corner of the mouth), marionette lines (lines from the corners of the mouth to the jaw), and depressed areas of volume loss on the cheeks. It lasts up to a year with optimal treatment.

VOLLURE® filler smooths moderate to severe lines and wrinkles associated with the normal aging process, specifically around the mouth and nose. Injected deep into the facial tissue, it smooths wrinkles and folds by temporarily adding volume in the parentheses or nasolabial folds. The treatment will give you a subtle but remarkable result with lasting effect, up to 18 months.

VOLUMA® is the thickest filler in the Juvederm family. It is FDA-approved for volumizing and augmenting the cheekbones along the zygomatic arch of the face. It can also be used in deep nasolabial folds and marionette lines around the mouth.

VOLUX® is the first and only approved filler for the jawline. Volux is in the Juvederm family and improves jawline definition for up to 12 months with optimal treatment in patients with moderate to severe loss of jawline definition.

RHA® COLLECTION DESIGNED FOR FACIAL DYNAMICS

RHA® is Resilient Hyaluronic Acid, and represents the latest advancement in HA filler science: designed for dynamic wrinkles and folds. It was designed to resemble natural HA. The natural hyaluronic acid in your skin helps provide moisture, volume, and structure to your skin. Over time, your skin produces less hyaluronic acid. The RHA® Collection is formulated to more closely mimic the HA that already exists in your skin.

The RHA Collection is made with a gentle manufacturing process. This gentle process helps preserve the natural structure of the hyaluronic acid, allowing it to more closely resemble the natural hyaluronic acid in your skin. Because it so closely mimics the HA that already exists in your skin, it may result in a more natural look.

REDENSITY is the newest FDA-approved filler on the market for superficial and dermal injections around your lips and mouth. This filler has a gentle quality, allowing our team to fill the smallest of lines without bulking up the area around the mouth.

RHA 2 is a highly resilient, stretchy formula that is ideal for moderate wrinkles, such as moderate nasolabial folds.

RHA 3 is equal parts resilient and strong, meaning that it has a thicker formula for building up volume to smooth more severe wrinkles.

RHA 4 is the strongest formula with the least amount of stretch and is best for deeper structures to add volume.



COSMETIC INJECTABLES CONTINUED

RADIESSE®/RADIESSE® +

Radiesse® is made from calcium hydroxyapatite. This mineral is found in the human body. Radiesse is an injectable treatment used to fill specific areas of the face and hands. It stimulates your body's naturally-occurring collagen beneath the skin, filling in wrinkles long term and helping your skin develop new collagen in the process.

Upon injection, the Radiesse CaHA gel matrix provides immediate improvement. CaHA particles then integrate into your skin and create a "scaffold" that stimulates production of collagen and elastin. As the gel carrier breaks down, a firm network of collagen fibers forms. Formed collagen and elastin replaces the correction provided by the gel carrier, smoothing lines and promoting renewed skin structure.

Radiesse can add dramatic volume to hands, face and gluteal region and can last for up to two years. It can also be hyperdiluted and placed throughout the body to improve the appearance of crepey skin and to give your body's skin the bounce and plumpness it once had. Radiesse can turn back time and help your body stimulate collagen and elastin production giving a more youthful appearance. It is great for upper arms, décolleté area, face, and legs and hands. To reduce these natural effects of aging, or to simply enjoy a rejuvenation of your décolleté, a treatment with Radiesse is very effective.

BELOTERO®/BELOTERO® +

Belotero® is a thin HA used to smooth fine lines around the mouth without adding a lot of volume and to improve skin texture and stimulate elastin and collagen. It is also used under the eye to help improve hollows and dark shadows. It is extremely thin and can be injected directly in the skin. This helps to enhance the skin by smoothing stubborn etched-in lines and wrinkles.



RESTYLANE® COLLECTION

Restylane® is a clear gel formulation of hyaluronic acid that is specifically formulated to act like your own body's naturally produced hyaluronic acid, helping to visibly correct moderate to severe facial wrinkles and folds, including the lines that run from your nose toward the corners of your mouth (nasolabial folds) and the lines that run from the corners of your mouth toward the chin (marionette lines). Restylane has also been FDA-approved for lip enhancement.

DEFYNE® helps smooth out deep laugh lines (nasolabial folds and marionette lines), as well as enhance chin projection.

REFYNE® is designed to help soften laugh lines (nasolabial folds and marionette lines). This can help you restore a more natural look to your face.

SILK® is specifically designed for lip augmentation and the smoothing of wrinkles around the mouth.

LYFT® helps complete your aesthetic look with natural-looking volume for your cheeks and hands giving you a smoother, fuller appearance.

CONTOUR® is an innovative cheek filler designed to move with natural face expressions while providing restored cheek shape and definition.

KYSSE® is a lip filler made for flexible movement and natural-looking volume while maintaining a full range of expressions.

RESTYLANE-L® is designed to treat moderate to severe wrinkles in the nasolabial folds and for lip augmentation.

EYELIGHT® fills in the undereye area to help people look more refreshed, while maintaining a natural look and feel.

**WE CAN HELP TO
IMPROVE YOUR
SKIN'S TEXTURE,
ELASTICITY, AND
SMOOTH WRINKLES!**

SCHEDULE AN APPOINTMENT TODAY!

PALM DESERT (760) 773-6616

LA JOLLA (858) 683-8118

SCLEROTHERAPY

Sclerotherapy uses the prescription medicine Asclera to safely and reliably treat spider veins. The new *gold standard* for treating leg veins, Asclera works by damaging the blood vessel lining when injected into the targeted vein. This causes the body to clear the vessel. It can take several treatments for optimal results or complete clearance of veins. Say goodbye to those unsightly veins and hello to wearing shorts again!

PLATELET RICH PLASMA (PRP)

Platelet rich plasma, or PRP, can help combat hair loss and hair thinning, acne scars, skin aging and wrinkles, dark under eyes, and stretchmarks. PRP works by utilizing our own body's healing process from the growth factors and cytokines present in our blood. A professionally trained provider will draw your blood and use a special centrifuge to spin your blood and extract the PRP that contains these growth factors. The growth factors play a critical role in the healing process, tissue repair, wound healing, and regeneration of new collagen and elastin. The PRP is then injected into the skin often around the eyes, mouth and hands to improve texture and tone, as well as in the scalp to stimulate new hair growth.

PRP can also be used in combination with the SkinPen Microneedling treatment to naturally stimulate your own collagen production and enhance the effects of the PRP. This is great for acne scars, fine lines and wrinkles, and crepey skin.

PRP can also be used in combination with dermal fillers like Juvederm, Restylane or Radiesse for additional collagen stimulating benefits and volume.

For hair loss and thinning, PRP is a natural and effective treatment in both men and women. When PRP is used for hair restoration, the growth factors from the platelets stimulate hair follicle growth.

Hair restoration with PRP does require multiple sessions, spaced one month apart. We recommend 4-6 sessions for optimal results, followed with maintenance treatments 1-2 times per year. New hair growth can take about 6 months to a year to be fully seen after PRP treatment.

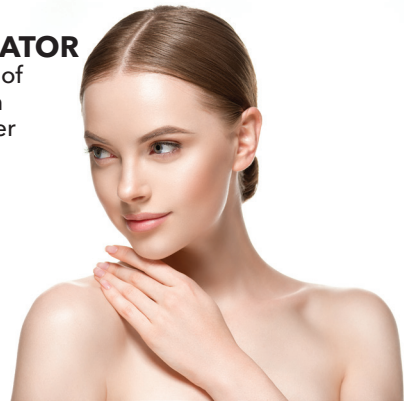
KYBELLA® DISSOLVES FAT

Kybella® is the only FDA-approved injectable treatment for adults that destroys fat cells. It can help define and contour the chin. Many men and women have submental fullness, oftentimes referred to as a double chin. It is caused by weight gain, genetics, or aging and can be difficult to get rid of. Exercise and diet aren't always effective and surgery may not be an option. With Kybella, you can achieve a sleeker chin profile.

SCULPTRA® COLLAGEN STIMULATOR

Sculptra® is a formulation of poly-L-lactic acid that is an FDA-approved dermal filler to stimulate your own natural collagen.

Activate the skin's natural regenerative process with Sculptra and help replenish lost collagen, the most common protein in the body that supports cells and tissues. This FDA-approved injectable subtly and gradually helps restore facial volume over time!



SKINVIVE® INJECTABLE SKIN HYDRATOR

Skinvive® by Juvederm is the first and only FDA-approved hyaluronic acid microdroplet injectable in the US that increases hydration to improve skin smoothness and provide a lasting glow for up to 6 months with optimal treatment. Skinvive helps the skin retain its natural moisture and softness leading to glowing, hydrated, refreshed and healthier looking skin.

NEUROMODULATORS WRINKLE SMOOTHING (FACE)

BOTOX® is a protein made from Botulinum toxin. It is the first and only treatment FDA-approved to temporarily make moderate to severe frown lines, crow's feet, and forehead lines look better. Treatment requires minimal downtime. You may begin to notice results within 24 to 48 hours. Full results within 30 days.

XEOMIN® is a neurotoxin that blocks the release of chemicals that cause the muscles to contract, which softens frown lines. It is made through a unique process that isolates the therapeutic molecule and removes the unnecessary proteins that don't play an active role in treatment. Xeomin is a uniquely purified neurotoxin that can be used on frown lines, crow's feet, and forehead lines.

DYSSPORT® is an injection made of Botulinum toxin A. For adults who want a natural look, Dysport is a natural looking, fast-acting, long lasting prescription injection proven to help with frown lines, between the eyebrows, without changing the look or movement of the rest of your face.

DAXXIFY® is the newest treatment available and the only neuromodulator powered by peptide designed for treating frown lines. Many patients have reported that results last twice as long as typical frown line treatments, with movement returning in the first four to five months compared to two to three months with other treatments. While results will vary for each patient and their specific circumstances, many patients find they are able to maintain smoother frown lines with only two treatments a year.

SKIN TIGHTENING

INMODE FORMA

Forma by InMode is a novel non-invasive radiofrequency dermal heating device for skin tightening of the face and neck. Forma uses radiofrequency technology to provide optimal skin contraction in the deep layers of your skin. Forma is a non-invasive sub-dermal treatment for collagen remodeling and tightening. It was developed based on the clinical success of the proprietary A.C.E. (Acquire, Control, Extend) technology. A.C.E. technology uses RF energy to target deep layers of the skin, with no area being under- or over-treated. This ensures maximum safety and consistent results. This technology is FDA-approved.

Unlike other lasers and machines, because Forma has no lights or laser components, this treatment can be done on any skin type. Patients can just relax during the treatment feeling only a warm heat and movement of the treatment head. The subdermal heating allows your skin's collagen to be increased and remodeled into a more youthful functioning layer.

As we age, collagen layers become smashed (think of an older mattress), thus creating wrinkles and lines. The RF energy in the Forma system allows the collagen strands to remold into tighter lines, thus improving lines, wrinkles, and texture.

Forma treatments are done as a series, usually with one session a week, with a total of 6-8 treatments performed (depending upon whether the face or body is being treated). A maintenance program is suggested after the initial treatments are completed to help maintain your long-term results.

*Let us help to tighten your skin
and address other signs of aging!*



SCITON 'SKINTYTE'®

SkinTyte® uses advanced infrared light technology and patient tailored filters to deeply heat dermal collagen, while continually protecting the treated epidermis for safety and comfort. SkinTyte can predictably, effectively, and comfortably treat any area of the body where improvement of sagging skin is desired, giving patients a firmer, more youthful appearance. Since there is no downtime, patients may resume their regular activities immediately following treatment.



EXILIS ULTRA®

Exilis Ultra® is the first and only device to combine radio frequency and ultrasound to tighten skin and address body concerns while building collagen and elastin. It is an advanced solution for skin tightening, skin rejuvenation, and body shaping. This non-surgical, non-invasive treatment is an excellent option for patients who want to tighten sagging skin, reduce wrinkles, eliminate cellulite and address other signs of aging.

Exilis Ultra is an FDA-approved technology for skin tightening, shaping, and rejuvenation. It is safe for patients of all ages who want to improve signs of aging on problem areas without surgery and with no downtime.

Four treatments spaced about a week apart are necessary to see optimal results. Since Exilis Ultra skin tightening involves the remodeling of collagen in the innermost layers of the skin, you will start seeing the results approximately three to six months after finishing your treatment sessions. This is the one treatment that if done on a regular basis for maintenance, 1 treatment every 4 months, your skin will learn how to defy the aging processes.

EXION® FACE AND BODY APPLICATOR

Exion® Face and Body Applicator utilizes a combination of monopolar radiofrequency and targeted ultrasound to generate thermal stress to increase blood circulation and stimulate fibroblasts within the deep layers of the skin. Ultimately, the Exion Face and Body Applicator boosts the production of Hylauronic Acid and improves skin laxity resulting in smoother and younger skin appearance. It also addresses collagen, elastin and wrinkles all in the same treatment. The Exion Body applicator specifically allows patients to address localized volume reduction in hard-to-reach places like the bra roll, banana roll and the knees. It is a non-invasive therapy, meaning there is no downtime following the procedure. The treatment calls for four session and the length of each treatment varies between patients.

SKIN RESURFACING

INMODE MORPHEUS8

Morpheus8 is a minimally invasive Subdermal Adipose Remodeling Device (SARD) designed to remodel collagen. It is radiofrequency (RF) microneedling technology with different pin configurations (Prime 12 pin, Resurfacing 24 pin, Morpheus8 24 pin) to provide clinicians with the ability to deliver customizable fractional treatments.

Morpheus8 RF microneedling combines a gentle RF skin treatment with microneedling to achieve maximum skin regeneration in the deeper layers of the skin. Treatments create a noticeable improvement in skin quality, firmness, and glow, as collagen production is stimulated and your skin renews from within. This treatment can improve wrinkles, sagging skin, jowls, and lip lines. Morpheus8 also improves the appearance of creased neck lines, acne or trauma scars, and submental fullness (or double chin). Morpheus8 helps to restore elasticity, vibrancy, and a fresh, supple quality to your skin.

INMODE FRACTORA

Fractora by InMode combines two proven stand-alone therapies (microneedling and radio frequency) into one. Fractora is a fractional skin resurfacing and subdermal tissue coagulation device that bridges the gap between fractional lasers and surgical procedures. Treatments improve skin appearance by remodeling tissue and collagen.

Fractora reduces wrinkles to slow the effects of aging and restore skin to its youthful appearance.

Fractora can be used on any areas that can benefit from skin renewal. The most commonly treated areas include lower eyelid, upper eyelid, smile lines, forehead, cheeks, mouth, and neck.

EXION® FRACTIONAL RF MICRONEEDLING

The Exion® Fractional RF Microneedling is the newest treatment that combines monopolar radiofrequency and artificial intelligence (AI) for heating and deep tissue penetration. Ultimately this technology allows for less pain and more gain. It is backed by artificial intelligence (AI) to ensure optimal delivery of thermal energy that ensures impact in a single pass. This allows deeper layers, up to 8mm in depth, to be treated without full needle insertion and physically puncturing the dermis, dramatically reducing discomfort and maximizing results. You can see a great improvement in the appearance of fine lines and wrinkles, skin texture and tone, and skin laxity. The treatment calls for three sessions but more may be needed depending on each individual needs.

NANO LASER PEEL™

The Nano Laser Peel™ from Sciton is an advanced laser skin resurfacing treatment for rejuvenating dull, aging skin. The Nano laser peel uses light energy to instantly remove the top layers of the skin at a depth that accelerates the skin's own renewal process by activating special messenger cells. The Nano laser peel has the precision to work at just the right depth, creating beautifully smooth, luminous skin. Its accuracy at targeting a precise depth leaves patients with smoother, more youthful skin after a single treatment session. Nano laser peel is great for mild wrinkles, keratosis, sun damage, and pigment irregularities.



MICRO LASER PEEL™

A Micro Laser Peel™, often referred to as the “weekend peel,” is one of the latest advancements in skin resurfacing. This advanced laser skin rejuvenating treatment precisely removes the outer most layer(s) of skin. Removing the top layer eliminates some of the damaged cells that can give skin a tired, aged look. As the skin heals, fresh cells grow and resurface the treated area. The result is healthier-looking skin, often with reduced wrinkles and improved color evenness. This removal of the skin can help smooth the skin's surface while blending irregular pigmented brown spots, removing fine lines, and improving wrinkles at the same time. Most skin areas can be treated. Popular treatment areas are the face, neck, chest and hands.

This state-of-the-art laser treatment is designed for individuals who have active lifestyles and are seeking significant improvement in skin texture and tone with little downtime. From superficial to deeper peels, the unique Micro Laser Peel can enable exceptional, patient-tuned outcomes. With this laser we can address a broad range of patient needs from the subtle to the dramatic, with superior uniformity and fully customized treatment plans for unmatched results.

CONTOUR TRL™

Contour TRL™ is the deepest resurfacing laser we offer and it safely removes a layer of skin to a precise depth. The depth of treatment will depend on your skin condition, desired outcome, and expectation for downtime. The laser stimulates the growth of new collagen, which improves the skin's thickness and resilience. The skin surface will also regenerate fresh, healthy cells which will give your skin a younger, smoother, tighter, and rejuvenated appearance.

Contour Tunable Resurfacing Laser (TRL) is highly effective in addressing the problematic lines that occur around the mouth and eyes. It can be performed on the entire face and neck or just on the areas around the mouth and eyes. Excellent results are achieved after just one treatment and the recovery is about two weeks. General anesthesia is required for the deepest resurfacing laser for comfort. Over the next 4 to 6 months, collagen will continue to restimulate and the skin will continue to improve in tightness and resilience.

SCITON HALO™

Halo™, the world's first hybrid fractional laser, is revolutionizing resurfacing. Halo delivers non-ablative and ablative wavelengths to the same microscopic treatment zone, giving patients results they love with minimal downtime or discomfort. It works by combining two different laser wavelengths in one treatment. The first laser is a fractional ablative laser for a synergistic effect designed to hit the epidermis, the top part of the skin. It works by reducing pigment and restoring your glow. The second laser wavelength works deeper in the skin and targets the dermis, the bottom layer of the skin. It does this to remove the years of the sun damage that has built up.

Once the laser has done its magic, the body's natural process can cause pigment from the bottom layer to rise to the top and be removed. This means that the bottom layers will rejuvenate, and the texture and visible signs of aging should be improved. The Sciton Halo Laser not only targets visible signs of sun damage, it also addresses the non-visible signs of sun damage. This laser will give you your glow.

Ultimately this is the right treatment for you if you have a desire to improve sun damaged skin and/or visible signs of aging, including wrinkles, and discoloration. Halo will also help improve scars, the appearance of enlarged pores, and is ultimately the latest and greatest in skin resurfacing. Your treatment plan will be tailored to your specific needs, usually requiring 1-3 treatments for optimal results.

COOLPEEL CO2

Tetra CoolPeel by Cartessa is one of the most advanced CO2 laser technologies available on the market. CoolPeel won the 2023 New Beauty Award for the best CO2 Laser Treatment. With CoolPeel you will get traditional CO2 results with little to no downtime. Your aesthetic provider can tailor your treatment settings to optimize your results. The CoolPeel laser can target and improve the appearance of fine lines, sun damage, acne scars, pore size, and skin texture. Its incredible results and versatility are why CoolPeel stands out as one of the best-selling devices.

DEKA CO2

The Tetra CO2 laser by Cartessa offers a fully customizable treatment called DEKA. The DEKA cutting-edge technology allows providers the ability to fully tailor the intensity and depth of the treatment to what the patient's needs and desires are. This allows for more precise and better results while also minimizing side effects and overall downtime. The downtime will vary depending on the intensity and depth of the treatment, but most experience a recovery period of five to ten days. The DEKA laser can target and improve the appearance of fine lines to deep wrinkles, uneven pigmentation, redness, age spots, acne scars, sun damage, dull skin, skin texture and laxity. DEKA will improve the signs of aging with long-lasting results.

SKINPEN MICRONEEDLING

The SkinPen is the first ever FDA-cleared microneedling resurfacing treatment that creates millions of micro-channels in the skin to help promote natural collagen production and a new network of blood vessels that are composed of rich collagen and elastin proteins. The collagen and elastin proteins improve skin texture and tone for younger looking skin. The SkinPen treatment does not require heat, so it is safe for all skin types and skin tones.

If you are dealing with facial acne scars, then the SkinPen can improve the look of your skin leaving a healthier and smoother glow from within. The SkinPen also improves fine lines and wrinkles, crepey skin, mild laxity, melasma, rosacea, scarring, stretchmarks, and irregular skin tone.

The treatment is quick, simple, and comfortable, taking as little as 30 minutes from start to finish. There is very little to no downtime following the treatment. You may be red and inflamed, which is totally normal and should subside in 24-48 hours.

Your skin can be renewed and rejuvenated in as few as three treatments, spaced one month apart. Most people see improvement within the first month with continued effects six months after a SkinPen treatment.

SKINPEN MICRONEEDLING WITH PRP FACIAL

The SkinPen is the first ever FDA-cleared microneedling resurfacing treatment that creates millions of micro-channels in the skin to help promote natural collagen production. The SkinPen can be used alone or in combination with PRP to clinically reduce the appearance of facial acne scars to create skin brightness and beauty.

*Let us help to renew, rejuvenate,
and restore your skin's natural glow!*

SCHEDULE AN APPOINTMENT TODAY!



SKIN LIFTING

PDO THREAD LIFT

The PDO Threadlift is a non-surgical aesthetic procedure that can re-position and "lift" static sagging skin. The presence of these sutures in your skin triggers cells in your body called fibroblasts to produce more collagen, giving your skin the structure and elasticity that it needs. This type of procedure generally takes about 30 minutes, and in that time, we are able to turn back time and transform your look with virtually no downtime. Restore your youthful look, reflect how you feel, and be confident with your thread lift.

The PDO Threadlift can regenerate, rejuvenate, and add improvement to the structure of the face by using specialized threads (surgical sutures similar to those used in surgeries). These threads are placed with precision into the skin with a very fine canula or needle.

The threads used are made of soluble PDO (polydioxanone). PDO can relax muscles and tendons all while stimulating the neocollagenesis process, which can encourage the production of new collagen in the skin. PDO can also stimulate the synthesis of elastin and hyaluronic acid in the skin, both of which are vital for keeping the skin looking plump and youthful.

The threads are extremely versatile and can be used all around the face, neck, and body. The PDO Threadlift procedure can treat vertical and horizontal wrinkles on the forehead, sagging brows, drooping cheeks, lip lines, pronounced nasolabial and marionette folds, sagging jawline, laxity in neck, and wrinkles on the chin.

Different lengths, textures, and thicknesses of threads are used for different areas of the face. Short strands of threads can be used to treat fine lines around the eyes, while thicker strands can be injected into the muscles of the forehead as an adjunct to Botulinum toxin (Botox). Longer threads can correct and lift the neck and jawline. The body naturally absorbs the threads over a six-month period, however, the effect of the treatment can last for up to two years.

The PDO threads can give the skin an immediate, natural improvement in appearance. After about 10-14 days, the process of natural body protein synthesis begins and continues over a period of two years, which can keep the texture of the skin smooth and supple.

ULTHERAPY®

Ultherapy® is an FDA-approved treatment that uses a high-intensity, focused ultrasound to reach the deep structures of the face and neck to lift and tighten. It is the gold standard in skin tightening. Ultherapy is a safe, highly studied, non-invasive, and non-surgical skin tightening and lifting treatment. Ultherapy stimulates production of your own body's collagen and elastin, for natural looking results without surgery or downtime. It is through the body's natural healing process that your facial structures will tighten over the next 2-9 months. This gradual process leads to a more natural and younger looking appearance.

Ultherapy is the only FDA-cleared procedure that lifts the neck, chin, and brow, and improves lines and wrinkles on the upper chest. It is ideal for someone looking to take control of their face and neck with a non-surgical treatment.

Ultherapy helps battle the aging process by lifting, toning, and tightening as it targets the deep layers of skin. It sets the bar for nonsurgical skin lifting!

MAKE AN APPOINTMENT TODAY!

**LET US HELP
RESTORE YOUR
YOUTHFUL LOOK
TO REFLECT HOW
YOU FEEL!**



INMODE FRACTORA/MORPHEUS8

Fractora and Morpheus8 are both fractional skin resurfacing and sub-dermal tissue coagulation devices that improve skin appearance by remodeling tissue and collagen. Key benefits are improvement in the appearance of the skin and significant resolution of cystic acne scars (improving acne scars by 50%). Fractora and Morpheus8 safely and effectively resurface the dermis, providing dramatic reduction in active acne, blemishes, and scars.

EXION® FRACTIONAL RF MICRONEEDLING

The Exion® Fractional RF Microneedling is the newest treatment that combines monopolar radiofrequency and artificial intelligence (AI) for heating and deep tissue penetration to ensure optimal delivery of thermal energy that ensures impact in a single pass. Ultimately this technology allows for less pain and more gain to treat the appearance of acne scarring, skin vitality and strength. This promotes the production of collagen, elastin and hyaluronic acid which are super components of healthy and youthful looking skin.

BBL FOREVER CLEAR™

BBL Forever Clear™ therapy is a non-invasive acne treatment. This cutting-edge treatment uses the power of light to comfortably and effectively clear acne without creams or medicines. The device delivers light energy deep into your skin to stimulate and regenerate your skin cells, leaving you with clear, healthy, and radiant skin. Depending on the extent of your acne, our clinicians will create a customized treatment plan to address your skin concerns.

BREAK AWAY FROM ACNE

Break Away from Acne, includes 4 treatments of BBL Forever Clear™ and 2 Hydrafacials™. The combination of both treatments will give you the confidence you have been looking for. BBL Forever Clear treatment uses blue, yellow, and infrared light to eliminate bacteria, reduce inflammation, and promote the body's natural healing process. From teens struggling with hormonal acne to adults experiencing adult-onset acne, this technology can handle it all. The Hydrafacial is a non-invasive skincare procedure that uses a patented Vortex technology and unique tip to rid the skin of acne-causing and pore-clogging agents, while also diminishing hyperpigmentation and scarring. This treatment plan is designed to get your acne under control, leaving you with clear, healthy, radiant skin.

SKINPEN MICRONEEDLING WITH PRP FACIAL

The SkinPen is the first ever FDA-cleared microneedling resurfacing treatment that creates millions of micro-channels in the skin to help promote natural collagen production. When combined with the healing effect of PRP, your skin is given a renewed and healthier appearance. Clinically proven to reduce the appearance of facial acne scars. SkinPen with PRP uses your own natural healing to create skin brightness and beauty.

INMODE LUMECA (IPL)

Lumecca is a powerful Intense Pulsed Light (IPL) used to treat pigmented and vascular lesions. Patients will notice significant improvements in the complexion and clarity of the skin. Lumecca uses photo-thermolysis, which provides a photo facial through the delivery of a comfortable light treatment. With three sessions, Lumecca improves the appearance of age spots (red/brown pigmentations), sun damage, rosacea (redness), and freckles.



SCITON BBL 'CORRECTIVE'

BBL is setting new standards in treating skin conditions associated with aging, active lifestyles, and sun damage. The light energy delivered by BBL will gently heat the upper layers of your skin. The heat absorbed by the targeted areas will stimulate your skin cells to regenerate.

BBL energy will treat age spots, small facial veins, sun spots, and many other skin conditions. Your plan will be tailored to match your skin type and your desired results.

BBL VASCULAR CORRECTION

BBL Vascular Correction uses the technology broadband light to reduce visible effects of sun damage, skin aging, surface vessels including facial vessels and cherry angiomas, and bruising. Vascular lesions might appear slightly darker in the first few days after treatment, but they will slowly lighten as the body absorbs the damaged vessels. BBL is safe and versatile technology with no downtime. Three treatments may be necessary for optimal results.

BBL FOREVER YOUNG™

BBL Forever Young™ is simply a series of broad band light (BBL) treatments. By using multiple wavelengths of light, BBL Forever Young can address multiple issues in a single treatment. Some of these conditions are: pigmented lesions (e.g., freckles, age spots), vascular lesions (e.g., small blood vessels), cherry angiomas, acne, skin firmness and uneven skin tone. BBL Forever Young is a non-invasive procedure with virtually no downtime. Most people will feel comfortable returning to work and resuming most activities the same day of treatment. In general, most people will need an initial series of three BBL Forever Young treatments and then one to two additional treatments each year for the next several years. Patients who receive multiple BBL treatments over several years see dramatic improvements in skin texture and actually appear younger than they did before beginning the treatments.



CELLULITE TREATMENT

BTL EMTONE®

Cellulite doesn't discriminate as 90% of women say they have cellulite. Increased sun damage and body fat, as well as skin laxity and loss of integrity of the skin, play a roll. Emtone simultaneously delivers both thermal and mechanical energy to treat all major factors contributing to cellulite.

MORPHEUS8 BODY

Morpheus8 is a minimally invasive Subdermal Adipose Remodeling Device (SARD) designed to remodel collagen and coagulate adipose tissue. It is a minimally invasive modular RF fractional solution for full body subdermal adipose remodeling used to dramatically reduce areas of stubborn small pockets of fat.

Morpheus8 Body is the first and only FDA-cleared technology to provide deep 8mm subdermal adipose tissue remodeling. With a unique large surface tip consisting of a matrix of 40 thin gold-coated microneedles, and a thermal profile of 7mm, plus an additional heat profile of 1mm, Morpheus8 Body can be programmed to quickly treat large tissue areas at the deepest levels of RF available.

Equipped with Burst mode RF technology, Morpheus8 Body automatically deploys bipolar RF energy to multi-level treatment depths in a single cycle. The ability to target tissue sequentially at three levels, in millisecond intervals, allows for a significant reduction in treatment times, minimizes skin injury, increases treatment uniformity, and enables customized full body fractional procedures.

SCHEDULE AN APPOINTMENT TODAY!



NON-INVASIVE BODY CONTOURING

BTL EMSCULPT®

Emsculpt® is the first device to build muscle and sculpt your body. Through a high intensity electromagnetic therapy procedure, one can enlarge current muscles, as well as grow new muscle fibers. The Emsculpt procedure is currently FDA-cleared to treat your abdominals, buttocks, arms, calves, and thighs. A great non-surgical alternative to a Brazilian Butt Lift!



BTL EMSCULPT NEO®

Two therapies in a single treatment. Emsculpt NEO® builds off the legacy of its predecessor Emsculpt by simultaneously emitting both radiofrequency and high-intensity electromagnetic energies. The end result is more fat reduction and muscle growth. Clinical studies showed on average a 30% reduction in subcutaneous fat and a 25% on average growth in muscle.

COOLSCULPTING®

You'll love this contouring treatment that freezes away stubborn fat cells in areas that are resistant to diet and exercise, then naturally eliminates them from your body permanently. Most people see undeniable results. It's FDA-cleared and best of all, there is no surgery or downtime!

*Our non-invasive
body contouring
treatments require
no downtime!*



GROW YOUR LASHES

LATISSE®

Are your lashes thinning over time? Not enough lashes? Latisse® is an FDA-approved treatment to grow eyelashes for people with inadequate or not enough lashes. Latisse grows lashes longer, fuller, and darker.

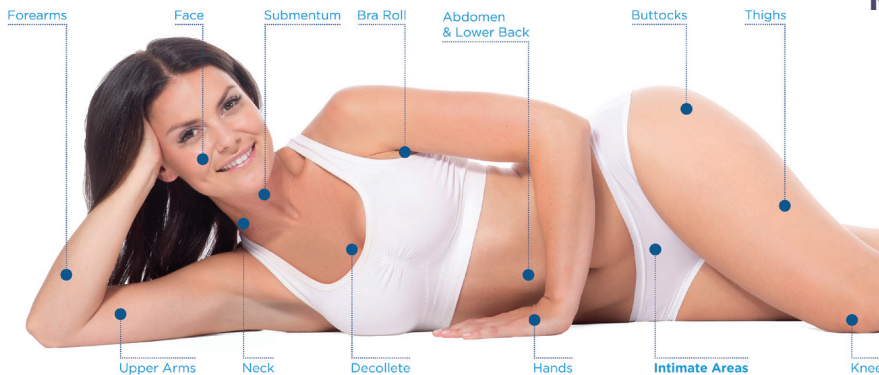


UPLIFT YOUR EYES

UPNEEQ®

Sagging upper eyelids, which are a natural part of the aging process, are a common concern people have as they get older. Now, there is an effective non-surgical treatment to address drooping lids. Achieve more open eyes with Upneeq. Upneeq is a prescription, once daily, eye drop that tightens and lifts drooping eyelids. Upneeq uses a medication called oxymetazoline hydrochloride, which contracts the eyelid muscle (known as the Muller's muscle) making it shorter and tighter. This is what lifts and opens the eyelids.

WE CAN HELP RESTORE YOUR NATURAL BEAUTY FROM YOUR HEAD TO YOUR TOES.



HAIR REMOVAL

DIOLAZE /BBL FOREVER BARE®

Our hair removal lasers use light to target the melanin that lies in the hair follicle's growth centers. From there, the light converts to heat to destroy the follicle at the source. Without its growth center, hair follicles can no longer grow in the treatment area(s). It is effective in eliminating 80-90% of hair within the treated areas.

Hair removal is fast, effective, and comfortable and highly effective in treating any area of the body on all skin types. There is no downtime required and patients can resume normal activities after their treatment.

Multiple laser hair removal treatments are required over a period of time simply because the treatment targets the active phase of the hair growth cycle. As long as you follow your customized laser hair removal plan from your provider, you'll enjoy long-lasting results.

MAKE YOUR APPOINTMENT TODAY!

PALM DESERT (760) 773-6616

LA JOLLA (858) 683-8118

BTL Emsella®

A breakthrough treatment for incontinence and confidence. BTL Emsella® is intended to provide entirely non-invasive electromagnetic stimulation of the pelvic floor muscles and restoration of neuromuscular control for the treatment of urinary incontinence in women and men. Electromagnetic stimulation of the pelvic floor is an FDA-approved therapy whereby a coil generates pulsed electromagnetic fields that penetrate deep into the pelvic floor muscles inducing stimulation and providing rehabilitation of weak pelvic muscles.

The Emsella Chair is a high-intensity focused electromagnetic (HIFEM) technology for the treatment of stress urinary incontinence, in addition to other pelvic floor related disorders. HIFEM technology induces deep pelvic floor muscle contractions designed to deliver the equivalent of 11,200 Kegel exercises over 28 minutes. The pelvic floor muscles support the pelvic organs that sit across the bottom of the pelvic region. When the muscles have become weak, control over the bowel and the bladder, specifically the release of urine, can be difficult to maintain.

Emsella is a unique treatment that improves the overall intimate health and wellness of a patient. It works by utilizing electromagnetic energy to deliver thousands of supramaximal pelvic floor muscle contractions to re-educate the muscles. This is done in a single session that takes about 30 minutes and you are fully clothed during the sessions. Most patients achieve full results in 6 sessions. Get excited to run and jump on a trampoline again with confidence.

BTL Emsella Advanced®

Emsella has been proven ability to strengthen pelvic muscles. With more treatments, this has enabled patients to more easily achieve arousal and stronger sensations during intimacy, leading to a positive effect on sexual wellness and intimate relationships.

Combine both Emsella treatments to improve your overall intimate health!

CALL US TO MAKE AN APPOINTMENT TODAY!



EMFEMME® 360

Emfemme® 360 is the shortest non-invasive radiofrequency treatment to address a wide range of women's wellness concerns. It gently heats the vaginal mucosa with 360 degrees volumetric heating for fast and uniform treatment in just eight minutes. In addition, external labial tissues can be treated for more cosmetic tightening and rejuvenating benefits.

It is in no way painful. There is no postoperative care required and patients can return to normal activities immediately, including sexual intimacy, coitus, vaginal stimulation, as well as athletic activities and normal activities of daily living.

Treatment is performed approximately once a week for three weeks, although you can see results after the first treatment. For optimal results, three treatments are recommended.

Whether it's a result of age, child birth or simply a cosmetic insecurity, women can address urinary incontinence and other intimacy concerns with both Emfemme® 360 and Emsella in combination for the ultimate pelvic floor power.

SPIDER VEIN TREATMENT

VASCULAZE

Vasculaze is a laser that sends pulses of light onto the vein, which makes the vein slowly fade and disappear, preventing the need for needles. It is efficacious and safe in treating a variety of vascular lesions including spider veins, port wine stains, and leg veins.

Vasculaze is recommended for individuals who are looking for a non-invasive skin treatment to address vascular lesions. Typically, three sessions are performed every 5-8 weeks, although some lesions may require more. Gradual improvements can be seen after the first treatment.



PEELS

THE PERFECT PEEL™

The Perfect Peel™ is a chemical peel like no other. Patients reach day three and see that the peel is real; the top layer of skin literally peels away to reveal healthy, glowing, fresh skin beneath. But The Perfect Peel isn't superficial, oh no, it's got depth. The unique, blended formula combines five super-acids, PLUS glutathione, PLUS vitamins and minerals to not only reach layers of the skin that most peels can't (while remaining safe and predictable), but to nourish the dermis with a host of skin-loving ingredients. It is fast acting, easy to apply, and virtually painless. The entire process takes less than 15 minutes and downtime is less than a week. It is safe and effective on all skin types and improves many skin concerns such as hyperpigmentation, melasma, acne, rosacea, and all the signs of aging.

TCA PEEL

A TCA peel is a type of chemical peel that uses trichloroacetic acid to help improve your skin's appearance. These peels vary from light to deep, allowing various formulations to work at different depths in the skin. When applied to the skin, TCA peels exfoliate the top layer of skin over the course of several days, exposing a smoother and more attractive new layer of skin underneath. TCA peels may treat fine lines and wrinkles, sun damage and spots, irregular skin texture, and brown spots and melasma. You will notice a visible difference in your skin after the first treatment. Depending on your concerns, a series of peels may be necessary to maintain your results.



**ASK ABOUT OUR CUSTOM
HYDRAFACIAL PACKAGES!**

HYDRAFACIAL™

The platinum facial that immediately reduces the look of fine lines, acne, hyperpigmentation, congestion, and uneven skin tone with HydraFacial's patented technology. It is an ultra-hydrating process for the skin that uses hydraderm-abrasion to create beautifully clear, soft skin in only one treatment. Revive your skin with a gentle yet effective exfoliation and pore cleanse while allowing active ingredients to penetrate deep into the skin. It delivers long-term skin health and can be tailored to meet the specific needs of all skin types. It offers instant, noticeable results with no downtime or irritation.

SIGNATURE HYDRAFACIAL

This treatment deeply cleanses, exfoliates (peels), extracts and hydrates the skin utilizing super serums filled with antioxidants, peptides, and hyaluronic acid.

DELUXE HYDRAFACIAL

This invigorating treatment includes all the essentials of the Signature HydraFacial while addressing specific skin concerns through HydraFacial's boosters and protocols. Consult with your aesthetician to determine the booster that's right for your skin!

PLATINUM HYDRAFACIAL

This treatment includes all the essentials of the Signature HydraFacial and is enhanced by the addition of the brightening agent CTGF to improve the appearance of skin tone, texture, and elasticity. Things are taken to another level with the LED treatment finisher resulting in long lasting skin health and vitality by bringing it to a more youthful state.

YOUTHFUL GLOW

6 treatments of Forma/3 Hydrafacials

Specialized treatment that combines Hydrafacial™ with ultimate skin tightening technologies using the InMode FORMA which stimulates the formation of new collagen and improves the skin's elasticity for long-lasting and remarkable results.





*Dermatology &
Plastic Surgery*
SPECIALISTS

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La Jolla, CA 92037
(858) 683-8118



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